

Wild edible plants in four Agni tribes of Central-east and Northeast of Côte d'Ivoire: a comparative study

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Abstract. Malan DF, Litta AL, Kougbo MD, Diop AL, Kouassi KG. 2020. Wild edible plants in four Agni tribes of Central-east and Northeast of Côte d'Ivoire: a comparative study. *Biodiversitas* 21: 4896-4902. An ethnobotany survey was carried out in twelve villages of the four Agni tribes from the Center-east to Northeast of the Côte d'Ivoire, in order to assess the evolution of the knowledge and know-how of these peoples concerning wild edible plants. Frequency of citations and the Smith index of each of edible plants were obtained with data from the survey of 571 informants (279 men and 292 women). Factorial analysis of the correspondences was also performed in order to reveal the similarities between the different tribes. In total, 77 plant species (36 families and 67 genera) were cited as consumed by humans. The most used parts are the fruits (65.38%), and leaves (24.36%). Analysis of the similarities shows that only 18.82% of these species are common to the four tribes. In addition, knowledge related to wild edible plants is gradually degrading, for several reasons, including obsolescence of use and the unavailability of plants due to environmental degradation. Thus, the valuation and protection of these resources would be beneficial to populations.

Keywords: Agni tribes, Côte d'Ivoire, ethnobotanical study, wild edible plants

INTRODUCTION

People in Africa have a long tradition of using wild edible plants (Dally et al. 2008). They use them as a condiment or dietary supplement in the preparation of their various typical dishes (Dally et al. 2008; Bédiakon et al. 2018). In order to cover their food needs, rural populations resort to subsistence farming, which they supplement with edible wild species (Bédiakon et al. 2018; Batawila et al. 2007). These plants contain, by their compositions, a source of appreciable supplements of calories, vitamins, fibers, mineral salts, and proteins in the diet (Batawila et al. 2007; Ouattara et al. 2016a; Ojelel et al. 2019). In Côte d'Ivoire, these plants are mainly used in rural areas. However, the degradation of the Ivorian forest, which has gone from 16 million ha to less than 2.5 million ha in fifty years (Traoré 2018), poses various ecological problems to which is added the scarcity of wild edible plants (Kouamé et al. 2008). As a result, some plants tend to fall into disuse in many rural households (Dally et al. 2008).

The vast majority of studies conducted in Côte d'Ivoire on the subject have revealed the scarcity of several plant species, and the loss of traditional knowledge and skills related to these plants (Ouattara et al. 2016a). Given that the usual value of a plant is strongly correlated with its availability (Lucena et al. 2007), these plants deserve special attention and an appreciation of the knowledge and know-how of the peoples in this area (Djaha and Gnahoua 2014). This attention could allow them to be taken into account in the development of new action strategies against food insecurity (Lugo-Morin 2020). In the central-east and

northeast of Côte d'Ivoire, straddling the semi-deciduous forest and the preforest sector of the Guinean domain, are four Agni tribes, forming an intermediate linguistic limit between the Djimini, Koulango peoples, more in the North and the great Agni Kingdoms (Djuablin and Indenié), further to the South. At the present, the botanical knowledge and know-how of these peoples have been very little documented.

However, it is known that any use of a plant is linked to the socio-cultural behavior of communities (Yetein et al. 2013). Therefore, this study aimed to assess the evolution of knowledge and practices concerning wild edible plants (WEP) within each of these tribes as well as the level of knowledge sharing between these Agni subgroups. Specifically, it involved (i) assessing the level of intercultural knowledge between the tribes; (ii) determining the level of knowledge sharing on WEP between tribes.

MATERIALS AND METHODS

Study areas

The study was conducted in three Departments (Daoukro, Koun-fao, and Sandegué) from the central-east to the northeast of Côte d'Ivoire (Figure 1), from March 2016 to September 2019. This area includes four sub-prefectures and 12 villages including Ettrokro, Katimansou, and Zanzansou for the Agni-Abè (sub-prefecture of Ettrokro), Sanguehi, Kamélé, and Kouakoukankro for the Agni-Barabo (sub-prefecture of Sandegué), Senandé, Yakassé-bini, and Missoumihian 1 for the Agni-Bini

(Kouassi-Daté Kro sub-prefecture,) and Kokomian, Bossignanienkro and Sogoyaokro for the Agni-Bona (Kokomian sub-prefecture). The study area is between two main types of vegetation in the Guinean area: the mesophilic sector and the preforest sector. The mesophilic sector (Daoukro and Koun-fao) is characterized by a semi-deciduous forest type with a subequatorial climate (Kouassi et al. 2010). The preforest sector is characterized by the forest-savannah transition with a clear dominance of savannah formations, and a Sudanese climate of the humid tropical type (Ouattara et al. 2016a). The main activity of these populations is agriculture.

Ethnobotanical survey

The term "wild edible plant" in this context refers to plants that settle and grow without human intervention in a field. All spontaneous plant species or products of wild plant species consumed raw, after cooking or other processing by humans as food or drink are concerned. The ethnobotany survey was carried out in two stages using an interview guide.

The first stage consisted of a semi-structured interview following the free lists approach (Quinlan 2005) during a random "door-to-door" in households in each village. The interviews focused on the spontaneous plants consumed by the populations, their local names, the parts consumed as well as the modes of consumption. It involved 571 informants distributed as follows: 174 Agni-Abè (71 women and 103 men), 182 Agni-Barabo (92 women and 90 men), 118 Agni-Bini (68 women and 50 men), and finally

96 Agni-Bona (61 women and 35 men). For the second stage, walks in the surrounding "bushes" were organized with informants. At the end of this stage, the previous lists collected during the first stage were completed and herbarium vouchers were collected for botanical identification at Nangui Abrogoua University. The scientific names were updated using the African Plants Database (Version 3.4.0), consulted on 24/04/2019.

Data analysis

To understand the level of knowledge, preference, and cultural importance of plants to people, two consensus indices were used: the frequency of citation (F_c) (Equation 1) and the Smith's index (Equation 2). The first index assesses the credibility of the information received and the level of knowledge of the communities (Schrauf and Sanchez 2008). The second also assesses the importance of the listed species, but especially the preference of respondents in the community (Borgatti 1996).

$$F_c = \frac{N_i}{N} \times 100 \quad (1)$$

Where; F_c : frequency of quotation, N_i : number of times where the item (plant) is mentioned, and N , the total number of informants. Species, with an F_c between 50% and 100% are the best known, those moderately known have an F_c between 25% and 50%, those whose F_c is between 00% and 25% are the little known species (Kouamé et al. 2008).

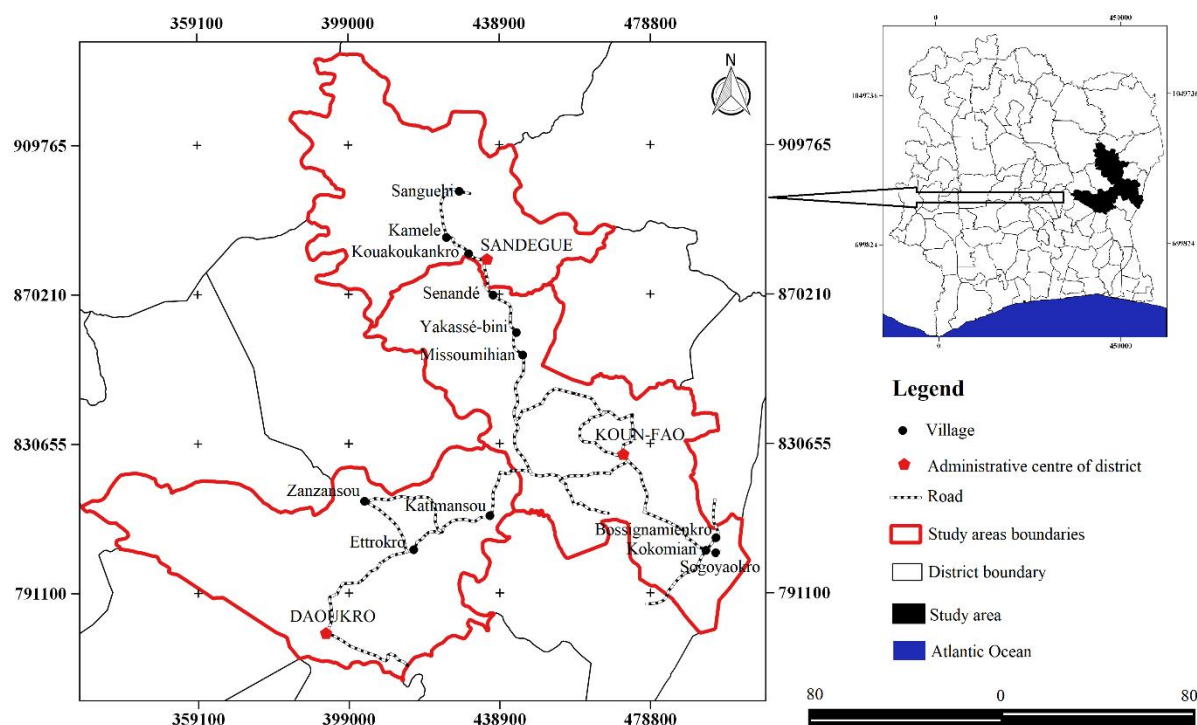


Figure 1. Location of the study area: Departments of Daoukro, Koun-fao and Sandégou, Côte d'Ivoire

$$Sa = \frac{\sum_{i=1}^N \frac{L_i - R_i + 1}{L_i}}{N} \quad (2).$$

Where; Sa is the importance of a citation, L_i the length of a citation list, and R_i the rank of a citation in the list, N the number of free lists (number of respondents). A large value of this index (close to 1) indicates that the item is preferred and important for the respondents (Sutrop 2001).

Statistical data analysis

In addition, a correspondence analysis (FCA) coupled to a hierarchical cluster analysis was performed in order to show the level of knowledge sharing between tribes. The principle of this method is to study the connection between two sets of modalities that constitute the rows and columns of a contingency table (Orsay 1979). This analysis was carried out with the frequency of citation data of plants by tribe, using the R software (version 3.6.1).

RESULTS AND DISCUSSION

Diversity of wild edible plants species

Sixty-seven WEP species, distributed in 67 genera and 36 families, were collected. The most represented families included Malvaceae (10 species), Fabaceae (6 species), Apocynaceae, and Sapindaceae (5 species each). They were composed of 51 trees and shrubs, 16 herbaceous plants and 10 lianas.

Parts and mode of consumption

The parts consumed were the leaves, the flower, the fruits, the seeds, and the fermented sap (Figure 2). Overall, fruits (65.38%) and leaves (24.36%) were the most used. However, the level of organ consumption differed from one tribe to another: the Agni-Barabo had the highest fruit consumption rate while the Agni-Bona preferred the leaves. Fruits such as those of *Uvaria chamae* P. Beauv. and *U. sofa* Scott-Elliot (Figure 3) are sought after for their sweet and flavored pulps. Beverages made from fermented palm sap were not consumed by Agni-Barabo and Agni-Bini (Figure 4). Four consumption modes (snack, sauce, porridge, drink) were identified in the study area. In general, the most used mode of consumption is snacks (65%). However, the proportion of consumption patterns varies according to the tribes. The proportion of sauce is higher among Agni-Abè and the proportion of snacks is higher among Agni-Barabo.

Level of knowledge

The specific richness of WEP varied from one tribe to another, with, in descending order, the Agni-Barabo (50 plants), the Agni-Abè (43 plants), the Agni-Bini (42 plants), and the Agni-Bona (32 plants). Concerning individual knowledge, Agni-Bini respondents come out on top with 9.05 plants on average per free list. They were followed by Agni-Barabo with 8.17 plants per list, Agni-Abè with 7.79 plants per list, and Agni-Bona with 3.66 per list (Figure 4).

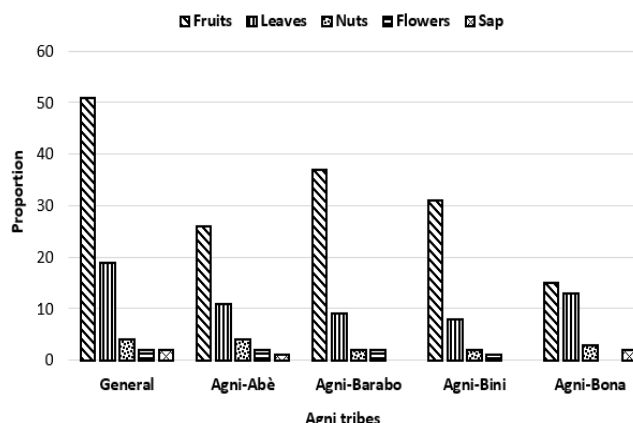


Figure 2. Proportion of wild edible plants parts consumed by Agni tribes, Côte d'Ivoire

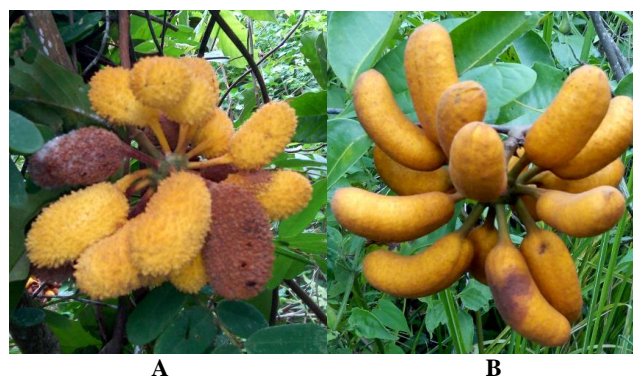


Figure 3. Fruits of two species consumed by the four Agni tribes, Côte d'Ivoire: A. *Uvaria sofa* Scott-Elliot, B. *Uvaria chamae* P. Beauv. (Photographs by Litta A.L.)

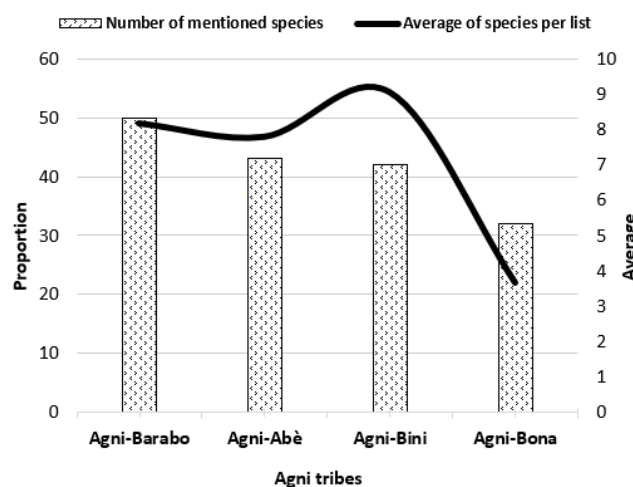


Figure 4. Number of wild edible plants cited and average of plants per free list of the four Agni tribes, Côte d'Ivoire

Out of the seventy-seven edible species, only seven (9.1%) species have a frequency of citation greater than 50%. This number varies from one tribe to another. Thus, the Agni-Bini register four plants in this register, the Agni-Abè and the Agni-Barabo, three plants, and finally a single plant in the Agni-Bona (Table 1). These seven well-known plants included *Adansonia digitata* L. ($F_{C_{Agni-Barabo}} = 57\%$), *Ceiba pentandra* (L.) Gaertn. ($F_{C_{Agni-Abè}} = 67\%$, $F_{C_{Agni-Barabo}} = 79\%$, $F_{C_{Agni-Bini}} = 54\%$), *Cissus populnea* Guill. & Perr. ($F_{C_{Agni-Bini}} = 54\%$), *Landolphia dulcis* (Sabine ex G. Don.) Pichon ($F_{C_{Agni-Abè}} = 64\%$), *Landolphia heudelotii* A. DC. ($F_{C_{Agni-Abè}} = 56\%$, $F_{C_{Agni-Barabo}} = 63\%$, $F_{C_{Agni-Bini}} = 61\%$), *Solanum indicum* L. ($F_{C_{Agni-Bona}} = 51\%$), et *Spondias mombin* L. ($F_{C_{Agni-Bini}} = 50\%$).

In contrast to the plants well known and important for these tribes, 16 of the plants cited by the Agni-Bona (i.e. 50%), 16 of those cited by the Agni-Abè (37.21%), 15 of those cited by the Agni-Barabo (30%) and five (11%) of

those cited by the Agni-Bini were very little known ($F_q < 5\%$). These included, for example, *Musanga cecropioides* R.Br., *Thaumatococcus daniellii* (Benn.) Benth. (Agni-Abè), *Ricinodendron heudelotii* (Bail.) Heckel (Agni-Barabo), *Pancovia sessiliflora* Hutch. & Dalziel (Agni-Bini), and *Pentadesma butyracea* L. (Agni-Bona).

Distribution of species according to the four Agni tribes

The correspondence analysis (Figure 5) coupled to the hierarchical cluster analysis (Figure 6) suggested three categories according to the frequency of citation. The first group (G1) included the plants cited by the Agni-Abè. The second group (G2) is formed by the plants mentioned by the Agni-Bona and the third group (G3) included plants cited by both the Agni-Bini and Agni-Barabo. It should be noted that this association is very significant ($\chi^2 = 3056.791$; $p\text{-value} = 0$).

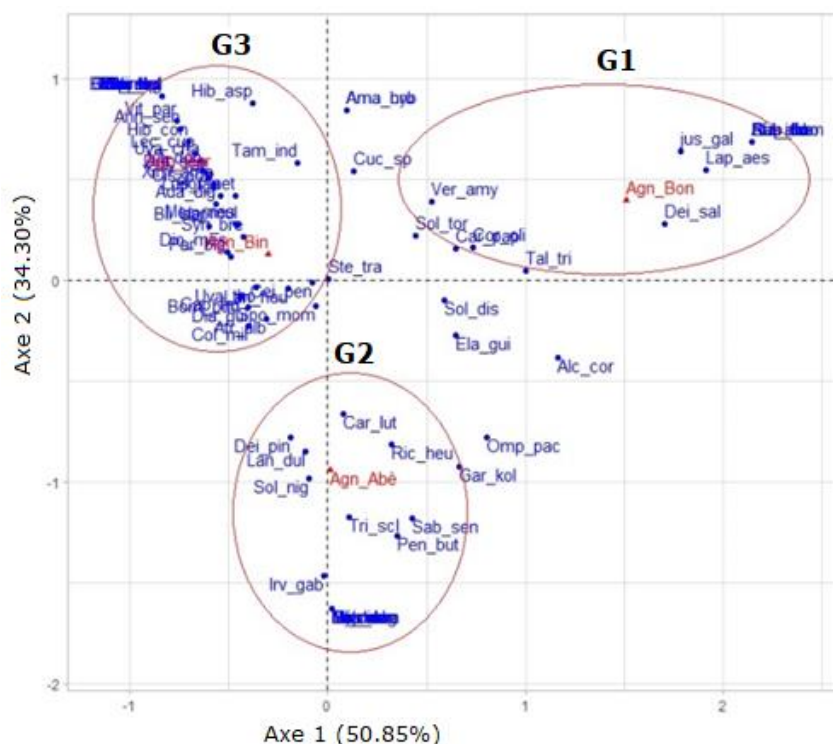


Figure 5. Distribution of wild edible plants by Agni tribes according to the first axis of the FCA

Table 1. Level of knowledge and cultural importance of wild edible plants of four Agni tribes, Côte d'Ivoire

Species	Family	Agni-Abè		Agni-Barabo		Agni-Bini		Agni-Bona		Organ
		Fc	Sa	Fc	Sa	Fc	Sa	Fc	Sa	
<i>Adansonia digitata</i> L.	Malvaceae	12	0.04	57	0.18	42	0.36	1.1	0.01	Leaves
<i>Aframomum alboviolaceum</i> (Ridl.) K, Schum	Zingiberaceae	11	0.06	8.2	0.05	15	0.03	1.1	0.01	Fruits
<i>Azelia africana</i> Pers.	Fabaceae	-	-	-	-	-	-	1.1	0	Leaves
<i>Alchornea cordifolia</i> (Schumach. & Thonn.) Müll. Arg	Euphorbiaceae	1.8	0	-	-	-	-	2.1	0.01	Leaves
<i>Amaranthus hybridus</i> L.	Amaranthaceae	-	-	2.2	0	-	-	1.1	0.01	Leaves
<i>Annona senegalensis</i> Pers.	Annonaceae	-	-	17	0.1	5.1	0.02	-	-	Fruits
<i>Blighia sapida</i> K.D. Koenig	Sapindaceae	4.2	0.03	13	0.1	2.5	0.02	-	-	Fruits
<i>Blighia welwitschii</i> (Hiern) Radlk.	Sapindaceae	-	-	1.1	0.01	-	-	-	-	Fruits
<i>Bombax buonopozense</i> P. Beauv	Malvaceae	9.5	0.02	12	0.05	10	0.06	-	-	Flower
<i>Bombax costatum</i> Pellegr. & Vuillet	Malvaceae	-	-	17	0.09	-	-	-	-	Leaves

<i>Borassus aethiopum</i> Mart.	Arecaceae	4.2	0.02	22	0.14	14	0.07	2.1	0.01	Fruits
<i>Carpolobia lutea</i> G.Don.	Polygalaceae	14	0.1	-	-	11	0.05	3.2	0.03	Fruits
<i>Ceiba pentandra</i> (L.) Gaertn.	Malvaceae	67	0.27	79	0.27	54	0.45	33	0.25	Leaves
<i>Cissus populnea</i> Guill. & Perr.	Vitaceae	0.6	0	32	0.09	54	0.44	-	-	Leaves
<i>Cola millenii</i> K. Schum.	Malvaceae	43	0.34	39	0.29	36	0.13	-	-	Fruits
<i>Deinbollia pinnata</i> Schum. & Thonn.	Sapindaceae	42	0.29	-	-	36	0.13	-	-	Fruits
<i>Detarium senegalense</i> J.F. Gmel.	Fabaceae	-	-	4.9	0.03	5.9	0.03	-	-	Fruits
<i>Dialium guineense</i> Wild.	Fabaceae	26	0.14	24	0.13	41	0.13	-	-	Fruits
<i>Diospyros mespiliformis</i> Hochst. ex A.DC.	Ebenaceae	21	0.05	45	0.31	42	0.2	-	-	Fruits
<i>Elaeis guineensis</i> Jacq.	Arecaceae	3.6	0.03	1.6	0.01	-	-	3.2	0.02	Nuts, Sap
<i>Ficus capensis</i> Thunb.	Moraceae	-	-	4.9	0.02	-	-	-	-	Fruits
<i>Garcinia kola</i> Heckel	Clusiaceae	4.8	0.03	-	-	-	-	2.1	0.01	Nuts
<i>Grewia lasiodiscus</i> K. Schum.	Malvaceae	-	-	9.9	0.04	-	-	-	-	Fruits
<i>Gymnanthemum amygdalinum</i> (Delile) Sch. Bip. ex Walp.	Asteraceae	-	-	-	-	1.7	0.01	1.1	0.01	Leaves
<i>Hibiscus asper</i> Hook. f.	Malvaceae	-	-	5.5	0.02	-	-	1.1	0	Leaves
<i>Hibiscus congestiflorus</i> Hochr.	Malvaceae	-	-	10	0.04	5.1	0.03	-	-	Leaves
<i>Irvingia gabonensis</i> Mildbr.	Irvingiaceae	36	0.1	-	-	3.4	0.03	-	-	Nuts
<i>Landolphia dulcis</i> (Sabine ex G.Don.) Pichon	Apocynaceae	64	0.47	9.9	0.07	26	0.1	3.2	0.03	Fruits
<i>Landolphia heudelotii</i> A. DC.	Apocynaceae	56	0.49	63	0.49	61	0.31	18	0.07	Fruits
<i>Landolphia owariensis</i> P.Beauv.	Apocynaceae	23	0.17	-	-	-	-	-	-	Fruits
<i>Lannea barteri</i> (Oliv.) Engl.	Anacardiaceae	-	-	3.8	0.02	-	-	-	-	Fruits
<i>Laportea aestuans</i> (L.) Chew	Urticaceae	1.8	0	-	-	1.7	0.01	32	0.17	Leaves
<i>Lecaniodiscus cupanoides</i> Planch.	Sapindaceae	-	-	9.9	0.07	6.8	0.03	-	-	Leaves
<i>Lippia multiflora</i> Moidenke	Lamiaceae	-	-	1.1	0	13	0.06	-	-	Leaves
<i>Lophira lanceolata</i> Tiegh. ex Keay	Ochnaceae	-	-	19	0.13	46	0.22	-	-	Fruits
<i>Morus mesozygia</i> Stapf.	Moraceae	-	-	2.2	0.01	21	0.17	-	-	Fruits
<i>Musanga cecropioides</i> R. Br.	Urticaceae	0.6	0	-	-	-	-	-	-	Flower
<i>Myrianthus arboreus</i> P. Beauv.	Urticaceae	23	0.14	-	-	-	-	-	-	Leaves
<i>Napoleonaea vogelii</i> Hook. & Planch.	Lecythidaceae	13	0.09	-	-	-	-	-	-	Fruits
<i>Nauclea latifolia</i> Sm.	Rubiaceae	-	-	1.6	0.01	-	-	-	-	Fruits
<i>Omphalocarpum pachysteloides</i> Mildbr. ex Hutch. & Dalziel	Sapotaceae	30	0.24	-	-	-	-	18	0.12	Fruits
<i>Opilia celidifolia</i> Roxb.	Opiliaceae	-	-	20	0.16	-	-	-	-	Fruits
<i>Oxyanthus racemosus</i> (Schumach. & Thonn.) Keay.	Rubiaceae	-	-	4.4	0.02	5.9	0.03	-	-	Fruits
<i>Pancovia sessiliflora</i> Hutch. & Dalziel	Sapindaceae	4.2	0.03	-	-	0.8	0	20	0.17	Fruits
<i>Parinari curatellifolia</i> Planch. ex Benth.	Chrysobalanaceae	-	-	6.6	0.04	-	-	-	-	Fruits
<i>Parkia biglobosa</i> (Jacq.) G.Don.	Fabaceae	16	0.1	30	0.17	36	0.13	-	-	Fruits
<i>Passiflora foetida</i> L.	Passifloraceae	-	-	-	-	-	-	6.3	0.05	Fruits
<i>Pentadesma butyracea</i> Sabine	Clusiaceae	5.4	0.04	-	-	-	-	1.1	0	Fruits
<i>Phoenix reclinata</i> Jacq.	Arecaceae	-	-	7.7	0.03	-	-	-	-	Fruits
<i>Phyllanthus reticulatus</i> Poir.	Phyllanthaceae	-	-	2.2	0.01	-	-	-	-	Fruits
<i>Pterocarpus santalinoides</i> De Wild.	Fabaceae	-	-	9.3	0.03	-	-	-	-	Fruits
<i>Raphia hookeri</i> G.Mann. & H. Wendl.	Arecaceae	-	-	-	-	-	-	11	0.04	Sap
<i>Ricinodendron heudelotii</i> (Bail.) Heckel	Euphorbiaceae	41	0.14	4.4	0.02	6.8	0.05	13	0.05	Nuts
<i>Rourea thomsonii</i> (Baker) Jongkind	Connaraceae	-	-	3.8	0.01	-	-	-	-	Fruits
<i>Saba comorensis</i> Bojer ex A. DC.) Pichon	Apocynaceae	-	-	-	-	-	-	32	0.27	Fruits
<i>Saba senegalensis</i> (A. DC.) Pichon	Apocynaceae	4.2	0.02	-	-	-	-	1.1	0.01	Fruits
<i>Salacia elegans</i> Welw. ex Oliv.	Celastraceae	4.2	0.01	-	-	-	-	-	-	Fruits
<i>Securidaca longipedunculata</i> Fresen.	Polygalaceae	-	-	4.9	0.04	-	-	-	-	Fruits
<i>Solanum distichum</i> Schumach. & Thonn	Solanaceae	22	0.09	3.3	0.01	26	0.24	28	0.18	Fruits
<i>Solanum indicum</i> L.	Solanaceae	-	-	-	-	-	-	51	0.29	Leaves
<i>Solanum nigrum</i> L.	Solanaceae	35	0.13	2.2	0.01	14	0.11	1.1	0.01	Leaves
<i>Solanum torvum</i> Sw.	Solanaceae	14	0.08	14	0.04	42	0.37	36	0.24	Fruits
<i>Spondias mombin</i> L.	Anacardiaceae	37	0.27	25	0.16	50	0.18	16	0.09	Fruits
<i>Sterculia tragacantha</i> Lindl.	Malvaceae	9.5	0.03	5.5	0.02	26	0.21	7.4	0.05	Leaves
<i>Strychnos spinosa</i> Lam.	Loganiaceae	-	-	7.1	0.04	-	-	-	-	Fruits
<i>Synsepalum brevipes</i> (Baker) T. D. Penn.	Sapotaceae	-	-	-	-	19	0.09	-	-	Fruits
<i>Talinum triangulare</i> (Jacq.) Wild.	Talinaceae	3.6	0.01	-	-	4.2	0.03	8.4	0.05	Leaves
<i>Tamarindus indica</i> L.	Fabaceae	1.8	0.01	23	0.15	13	0.05	8.4	0.07	Fruits
<i>Thaumatococcus daniellii</i> (Benn.) Benth.	Marantaceae	1.2	0.01	-	-	-	-	-	-	Fruits
<i>Tiliacora dinklagei</i> Engl.	Menispermaceae	11	0.07	-	-	-	-	-	-	Fruits
<i>Trichilia monadelpha</i> (Thonn.) J. J. de Wilde	Meliaceae	6.5	0.01	-	-	-	-	-	-	Fruits
<i>Triplochiton scleroxylon</i> K. Schum.	Malvaceae	43	0.18	1.6	0	5.9	0.05	4.2	0.02	Leaves
<i>Uvaria chamae</i> P. Beauv.	Annonaceae	-	-	42	0.28	36	0.17	-	-	Fruits
<i>Uvaria sofa</i> Scott-Elliot	Annonaceae	2.4	0.01	-	-	15	0.08	-	-	Fruits
<i>Vitellaria paradoxa</i> C. F. Gaertn.	Sapotaceae	-	-	35	0.25	7.6	0.02	-	-	Fruits
<i>Vitex doniana</i> Sweet	Lamiaceae	1.8	0.01	36	0.24	29	0.11	-	-	Fruits
<i>Ximenia americana</i> L.	Olcaceae	-	-	7.1	0.04	12	0.03	-	-	Fruits

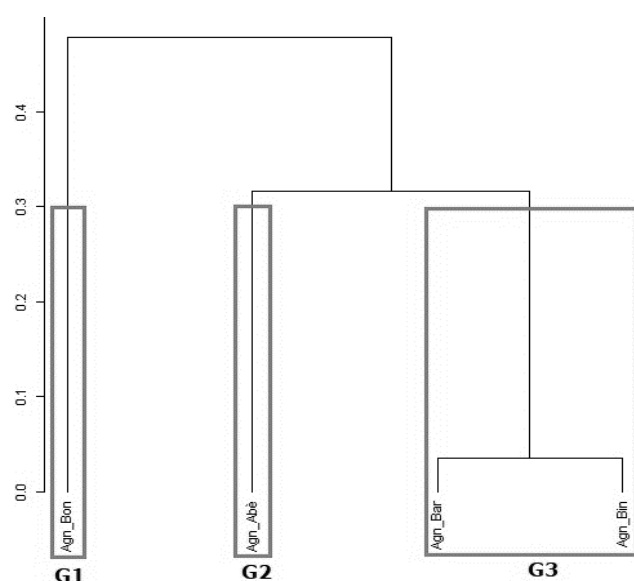


Figure 6. Hierarchical cluster of Agni tribes based on the mentioned wild edible plants: Agn-Abé: Agni-Abè, Agn-Bar: Agni-Barabo, Agn-Bin: Agni-Bini, Agn-Bon: Agni-Bona

Discussion

The evaluation of knowledge and practices on edible wild plants in the four tribes Agni showed that WEP of the tribes studied was diverse in terms of both the morphological types and the parts consumed. However, most of the plants listed in our study are known for the same uses by other peoples living in similar ecosystems both in Côte d'Ivoire and elsewhere in West Africa and many WEP lists were already established (see Ambé 2001; Bédiakon et al. 2007; Kouamé et al. 2008; Ouattara et al. 2016a and 2016b). Nevertheless, some plants such as *Hibiscus congestiflorus* Hochr., *Laportea aestuans* (L.) Chew, *Securidaca longipedunculata* Fresen., *Synsepalum brevipes* (Baker) T. D. Penn., *Tiliacora dinklagei* Engl., *Trichilia monadelpha* (Thonn.) J. J. de Wilde, *Uvaria sofa* were only mentioned in the study area and were absent of mentioned WEP lists. As it is well established by ethnobotanists, a plant use is, above all, a cultural expression (Dounias et al. 2000; Rakotosamimanana 2014).

Five parts of plants were eaten by these populations, however, the fruits were the most popular. This result is not an isolated case as worldwide, fruits were the most diverse and most consumed plant parts in terms of edible plants (Malela et al. 2016). This high consumption is closely linked to factors such as the distribution, availability over time as well as the organoleptic qualities of the concerned the fruits (Ambé 2001; Pardo-de-Santayana et al. 2007).

Comparative analysis between the four Agni tribes showed that the Agni-Barabo have the longest list of wild edible plants. On the other hand, concerning the lengths of the free lists, the Agni-Bini informants are in the lead. Various reasons could justify this observation. First, the vegetation is different from south to north of the study area. The Agni-Bona tribe is in the forest unlike the others (Agni-Abè, Agni-Barabo, and Agni-Bini) who are close to

or located in the forest-savannah transition zone. The Agni-Barabo tribe, located further north, has both savannah and some forest species by its position. The second reason could be linked to the degradation of the vegetation which also erodes the knowledge and know-how on WEPs. The natural habitats are to date greatly degraded in the Agni-Bona tribe and have given way to large plantations of cashew, rubber, and cocoa trees.

Our investigations showed a small proportion (9.1%) of species well known and preferred by the populations. This result differs from what has been observed in neighboring populations in the Bondoukou department (Ouattara et al. 2016a), where almost 27% of spontaneous food plants are well known. This observation suggested a progressive abandonment of wild edible plants by the Agni tribes. Two major reasons could explain this loss of knowledge or this lack of interest in spontaneous edible plants. The first reason would be the taste of the consumed part. Some species such as *Musanga cecropioides* R.Br., *Thaumatococcus daniellii* (Benn.) Benth. etc.) which inflorescence for one or pulp for the other are widespread. However, their use as food is only slightly mentioned by the informants. Consumption of these parts arouses little enthusiasm because their taste is not appreciated.

The second reason is related to the availability of resources. For example, *Pancovia sessiliflora* Hutch. & Dalziel and *Pentadesma butyracea* Sabine produce succulent and tasty fruits, but are limited to specific habitats (forest gallery, wetland, etc.), often far from habitation. Consequently, only people who have located productive feet benefit from it (Ambé 2001). The case of *Ricinodendron heudelotii* (Bail.) Heckel is special. In fact, the grains are prized by the populations of the southern half of Côte d'Ivoire as a condiment (Bédiakon et al. 2018). However, they are very little known, or even little used by people in the North (Ambé 2001). These seeds do not fit into the culinary habits of these communities.

Many practices fall gradually into disuse in some tribes. This is the case with the exploitation of palm wine, abandoned by the Agni-Barabo tribe, since it has mainly converted to the Muslim religion (Ouattara et al. 2016a). Women in the Agni-Bini villages, for the same reason, also abandoned the manufacture of shea butter as the rites for making it required the sacrifice of a goat each season. In short, the knowledge and practices linked to wild edible plants are gradually eroding.

Analysis of knowledge of spontaneous edible plants showed similarities and dissimilarities among the four tribes. The investigations revealed similarities between the Agni-Barabo and Agni-Bini tribes and a singularity of the knowledge and skills of the Agni-Abè and Agni-Bona. In fact, the Agni-Barabo tribes and the Agni-Bini use almost the same food plants. These similarities might be the result of a sharing of knowledge (Kouakou et al. 2020). The consumption of edible spontaneous plants among all ethnic groups results from the transmission of heritage, nevertheless, in some cases, food habits are acquired through cultural mixing (Batawila et al. 2007). Indeed, these two tribes have a common history since their

migrations from present-day Ghana to Côte d'Ivoire in the 18th century until their settlement on their current sites (Allou 2002). In addition, these two peoples share the same religion (Muslim) which facilitates inter-tribe marriages. They also share the same vegetation (semi-deciduous forest and wooded savannah) with a clear dominance of the savannah on the Agni-Barabo side. As we know, sharing knowledge makes it possible to enrich and popularize it and therefore to perpetuate it.

As for the Agni-Abè and Agni-Bona, their singularity concerning wild food plants could be explained by the fact that these two tribes are distant from each other and from the two other tribes (Agni-Barabo and Agni-Bini). In addition, they do not share the same types of vegetation. The food repertoire is linked to the culture of each people, even if nature offers a multitude of edible spontaneous plants, only those accepted culturally by the communities are consumed (Kouakou 2019).

In conclusion, this study assessed knowledge and practices on wild edible plants. From it emerges that knowledge and practices related to these plants are gradually degrading, especially among the Agni-Bona. It appears that 50% of the plants were little known as well as certain practices that were abandoned, because the associated rituals have become incompatible with the new religions. The mixing of knowledge is an encouraging note for the preservation of cultural knowledge and practices. This work, therefore, derives its importance in the urgent need to safeguard traditional knowledge and above all, as an element for the promotion and sustainable management of natural resources.

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