

The ethnobotany of *Ngusaba* ceremonial plant utilization by Tenganan Pegringsingan community in Karangasem, Bali, Indonesia

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Abstract. Ratnani DA, Junitha IK, Kriswiyanti E, Dhana IN. 2021. The ethnobotany of *Ngusaba* ceremonial plant utilization by Tenganan Pegringsingan community in Karangasem, Bali, Indonesia. *Biodiversitas* 22: 2078-2087. Tenganan Pegringsingan is an ancient village in Bali, Indonesia, which often performs several ceremonies with high intensity. One of them is the *Ngusaba* ceremony, where many plants are utilized both in species and quantity. Hence, this study aimed to identify the species, family, local names, sources, and parts of plants, used for *Ngusaba* ceremonies by the Tenganan Pegringsingan community including the Index of Cultural Significance (ICS). Data analysis was qualitative and quantitative. Furthermore, the qualitative method was used to obtain data on the plants' local names, while snowball sampling was applied to select key informants through in-depth interviews and moderate participation. The results showed that the 130 species distributed in 56 families mostly belonging to the purchased source (34.61%). The Poaceae is the largest family, while the most widely used part of the plant is the leaf. Based on the ICS analysis results, a range of 2-114 values was obtained. The highest value is Base (*Piper betle* L.) and kangkung (*Ipomoea batatas* L.) as lowest.

Keywords: Ancient villagers, local knowledge, *Ngusaba* plant

INTRODUCTION

Bali is one of the tourism destinations in Indonesia has many attractions. Its distinctive feature is a unique blend of humans, nature, and culture, including customs and religious ceremonies where plants play an important role. Plants or their parts are the most important elements in material associated with the *Yadnya* ceremonies (Sujarwo 2020), including the *ngusaba* ceremony. The *Ngusaba* ceremony is a social activity to connect with the all mighty God (Ida Sang Hyang Widhi), which also includes banquets and *subak* village thanksgiving (Arwati 2007). It provides much information about the use of many plants or their parts, including leaves, flowers, fruits, seeds, and tubers (Adiputra 2011).

The utilization of *Ngusaba* by the Tenganan Pegringsingan community has some problems: which include (i) many of the ceremonial ingredients types and quantities needed exceed these plant's availability in nature; (ii) Only a few people are interested in traditional practices such as agriculture, because most of them rely on tenant farmers; (iii) The existence of plants, especially endemic species become increasingly hard to be found. Besides, plants are an important source of food, medicine, spice, construction materials, etc. in rural areas (Sujarwo et al. 2016; Sujarwo dan Caneva 2016; Sujarwo dan Keim 2017; Navia et al. 2020). They have many cultural sides, namely history, religion, language, art, politics, and social structure (Kakudidi 2004). They also have an important meaning, especially in various religious ceremonies

(Helida et al. 2015; Ristanto et al. 2020). Several plants are part of various ritual purposes (Sharma and Pegu 2011; Iskandar and Iskandar 2017) and a source of livelihood for the local people (Suwardi et al. 2020) that believe ritual is one of the most important instruments for understanding local communities and offering, to conserve nature (Geng et al. 2017). The conservation of plant resources is very important to combine with the understanding and awareness of local communities' cultural practices (Sheybani et al. 2015; O'Neill et al. 2017).

However, information technology development and modern lifestyle have led to a decline in local communities' traditional knowledge (Putri et al. 2017) and this condition also affects the Tenganan Pegringsingan community. In addition, the knowledge of ritual plant utilization is diminishing because it is only passed across generations orally and has remained unwritten (Anderson et al. 2011; Surata et al. 2015; Nisyapuri et al. 2018). The loss of local knowledge implicates plant resources' existence, as well as triggers disease and professional changes (Gomez et al. 2010; Cuadra et al. 2012; Ju et al. 2013; Vásquez et al. 2016; Aswani et al. 2018). The knowledge is very useful to conserve biodiversity, hence it needs to be maintained (Yusro et al. 2014) and documented for good management to halt the menace of biodiversity depletion (Adom 2018). There has been much effort in biodiversity conservation, such as plant preservation and documentation of their utilization through ethnobotany which is the study of utilitarian relationships between humans and plants in natural ecosystems and other social components (Hakim

2014). Ethnobotany data cover botany, taxonomy, and regional botanical knowledge. It is also essential for biodiversity conservation (Pieroni et al. 2014; Tapundu and Anam 2015), fulfillment of needs such as food, health, and culture (Setiawan and Qiptiyah 2014; Tamalene et al. 2016; Mesfin et al. 2018), construction, decoration, and other living necessities (Bosworth et al. 2011). Today, ethnobotany has become a crucial study area, which covers management resource development, biodiversity conservation at the genetic, species and ecosystem level, and regional socio-economic development (Caneva et al. 2017). Therefore, this study aims to identify plants used for *Ngusaba* ceremonies by the Tenganan Pegringsingan community.

MATERIALS AND METHODS

Study area

This study was conducted in Tenganan Pegringsingan community of Tenganan Village, Manggis Subdistrict, Karangasem District, Bali, Indonesia, from February to August 2020. The location is at positions 8000°.00' to 8041°.37.8' S and 115035° .9.8' to 115054° 8.9' E, at an altitude of 70–400 m asl. The village's temperatures ranging from 28–31°C.

General description of the study sites

Tenganan Pegringsingan is located in Manggis Subdistrict, Karangasem District, with a distance of ± 20 km from the District City, and ± 68 km from Denpasar. It is physiographically surrounded by three-quarters of a circle of hills forming borders in the north as Macang Village (*kaja* hill), east as Asak Village (*kangin* hill), and west as Ngis Village (*kauh* hill), but directly adjacent to Pesedahan Village in the south. According to usage the area includes paddy rice lands covering 255.85 ha, drylands covering 480.89 ha, and Adat forest lands covering 197.32 ha. (Monograph of Tenganan Village 2020). Tenganan Pegringsingan total population is 1022, with the family heads being 338, while the location map is shown in Figure 1.

Informant selection

Key informants were consulted with community leaders and selected using the snowball sampling technique, which was carried out in a chain by questioning those that have been interviewed or contacted previously (Hariyadi and Tickin 2012). Furthermore, they had much information about the *Ngusaba* ceremony (Nurdiani 2014), including the offering expert, ceremony officials, and community leaders.

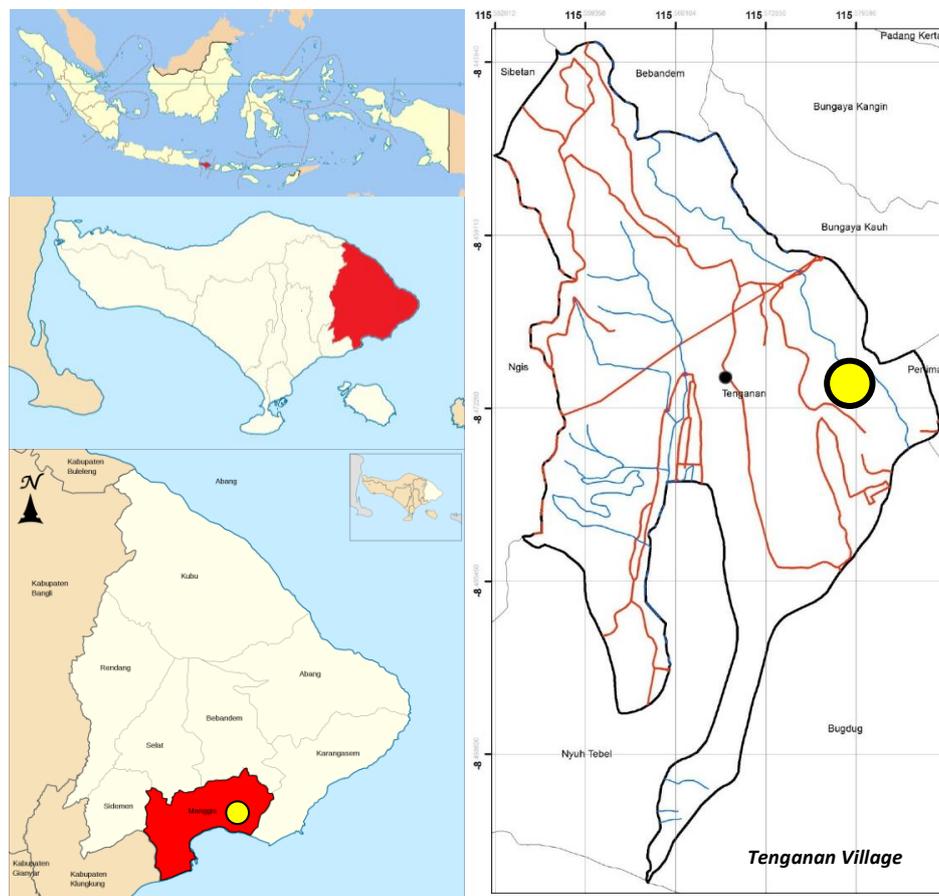


Figure 1. Map of the location of Tenganan Pegringsingan community (●) in Tenganan Village, Manggis Subdistrict, Karangasem District, Bali, Indonesia (Monograph of Tenganan Village 2020)

Data collection

Ethnobotany data were collected through semi-structured interviews and moderate participation in the form of species, family, local names, parts, sources, and the Index of Cultural Significance (ICS) of plants, which were analyzed qualitatively and quantitatively. A descriptive narrative was carried out for qualitative analysis through data reduction, display and analysis (Sugiyanto 2017). The quantitative analysis of the *Ngusaba* ceremonial plant was carried out through the ICS from Purwanto (2003). The ICS showed the importance values of each useful plant species based on the community's needs, and its calculation results showed each plant's importance level. The equation provided is to be employed to calculate ICS.

$$ICS = \sum_{i=1}^n (q \times i \times e) n_i$$

Because each species of plant has several uses, the equation is as follows:

$$ICS = \sum_{i=1}^n (q_1 \times i_1 \times e_1) n_1 + (q_2 \times i_2 \times e_2) n_2 + \dots + (q_n \times i_n \times e_n) n_n$$

Where:

ICS = the number of calculations the utilization of a plant species from 1 to n,

q : quality value calculated by giving a score or value on the quality value of a plant species: 3 = the main *Ngusaba* ceremony ingredient; 2 = additional *Ngusaba* ceremony materials + primary materials, 1 = other *Ngusaba* ceremony materials + secondary materials + primary materials

i : intensity value describes the intensity of utilization of useful plant species by giving values: value 3 = high intensity; 2 = moderate intensity; 1 = low intensity.

e : exclusivity value: value 2 = most important, is the first choice and is second to none; 1 = possibility of being a choice of secondary materials (Turner 1998; Purwanto 2003; modification of researchers).

The plants were collected with the informants and then identified by matching with the herbarium specimen of the Bali Botanical Garden, the picture on the flora book, and images on plantNet. Their scientific names were verified using online sources (e.g. The Plantlist 2019).

RESULTS AND DISCUSSION

Types of plants utilized for *Ngusaba* ceremony

The results showed 11 types of *Ngusaba* ceremonies carried out by the Tenganan Pegriingsingan community, including *Ngusaba Kasa*, *Karo*, *Ketiga*, *Kelima (sambah)*, *Kenem*, *Kepitu*, *Kaulu*, *Kesanga*, *Kedasa*, *Desta*, and *Sada*. The ceremonies are held almost monthly every year, and

each lasts for three days, except for *sambah* which lasts for one month. The *Ngusaba* plants in Tenganan Pegriingsingan Village have a high diversity of 130 species belonging to 56 families among which the largest is Poaceae (16 species), followed by Fabaceae (9) and Musaceae (8). The percentage of the *ngusaba* plant families utilized by the community is shown in figure 2. The various species were collected from various habitats, mainly wild vegetation in the forest, roadsides, in front of the house, home gardens and drylands. The growth form indicated that the most widely used *ngusaba* are obtained from herbs (57 species or 43.84%), followed by trees (38 species or 29.23%), and shrubs (34 species or 26.15%) (Table 1).

This result is higher than 26 species representing 17 families found to be commonly used for performing the six main traditional rituals of the Karangwangi people (Erawan et al. 2018). The Baduy community uses 50 species representing 28 families for nine stages of their pure agricultural activity (Iskandar and Iskandar 2017), while the Aceh tribe in Peureulak uses 51 species consisting of 47 genera and 34 families (Sutrisno et al. 2020). Moreover, Bali Aga village uses 125 plant species for all the Panca yadnya ceremony (Sujarwo 2020) and based on these, cultural diversity shows biodiversity. The diversity of plants used for *Ngusaba* ceremonial offerings is an expression of the region's uniqueness which is a mountainous area surrounded by hills. A region's uniqueness determines biodiversity, including plants in a specific ecosystem. Each ethnic group grows according to regional uniqueness, culture, and natural resources' availability (Suryadarma 2017). Almost all the Poaceae family plants used for *Ngusaba* ceremonies are edible, staple foodstuffs, and the main agricultural product.

Plant parts utilized for *Ngusaba* ceremony by Tenganan Pegriingsingan community

The plant parts used are in the form of leaf, stem, flower, fruit, seeds, tuber, and rhizome as presented in Figure 3. The most widely used are leaves, while the rhizome is the lowest.

The most utilized parts reported were leaves (45.52%), followed by fruits (38.80 %) and flowers (17.91%). Other studies such as Mesfin et al. (2013), Riadi et al. (2019), and Ristanto et al. (2020) also reported that leaves were the most commonly used. The high utilization of *Ngusaba* leaves appears to be associated with several advantages such as higher number or productivity of leaves that are easier to obtain than the other parts (Handayani 2015). *Piper betle* L. leaves are mostly utilized in all types of *Ngusaba* ceremonies. These are made in various forms that differentiate their names and are also irreplaceable (exclusive) and a must have in every offering. Furthermore, banana shoots are used almost equally as *Piper betle* L. and those having leaves that are useful to local people are included in a taste of sepia banana group, where the most widely used is *Musa acuminata* L. (*biyu keladi*).

Table 1. Species of *Ngusaba* plants utilization by Tenganan Pegringsingan community

Family/scientific name	Local name	Plants part	Habitus	ICS value	Category
Acanthaceae					
<i>Asystasia gangetica</i> L.	Loja	Leaf	Herb	6	Low
<i>Graptophyllum pictum</i> L.	Temen	Leaf	Shrub	24	Moderate
<i>Justicia adhatoda</i> L.	Dausa	Leaf	Shrub	102	Very high
<i>Thunbergia erecta</i> Benth	Terom Pelung	Flower	Shrub	4	Very low
Achariaceae					
<i>Pangium edule</i> Reinw.	Pangi	Seed	Tree	20	Moderate
Agavaceae					
<i>Dracaena marginata</i> Lam.	Sumenek	Leaf	Tree	24	Moderate
Amaranthaceae					
<i>Celocia cristata</i> L.	Kenyiwaan	Flower	Herb	6	Low
Amaryllidaceae					
<i>Allium sativum</i> L.	Kesuna	Tuber	Herb	42	Moderate
<i>Allium cepa</i> L.	Bawang	Tuber	Herb	30	Moderate
Anacardiaceae					
<i>Mangifera caesia</i> Jack.	Wani	Fruit	Tree	12	Low
<i>Mangifera indica</i> L.	Poh Arum Manis	Fruit	Tree	12	Low
<i>Mangifera indica</i> L.	Poh Madu	Fruit	Tree	12	Low
<i>Mangifera odorata</i> Griff.	Pakel	Leaf	Tree	6	Low
Annonaceae					
<i>Cananga odorata</i> Lamk.	Sandat	Flower	Tree	12	Low
Apocynaceae					
<i>Plumeria alba</i> L.	Jepun Bali	Flower	Tree	24	Moderate
<i>Plumeria alba</i> L.	Jepun Cenana	Flower	Tree	4	Very low
<i>Plumeria acuminata</i> L.	Jepun Merah	Flower	Tree	4	Very low
<i>Allamanda cathartica</i> L.	Kecubung Kuning	Flower	Shrub	4	Very low
Araceae					
<i>Colocasia esculenta</i> Schott.	Keladi	Leaf, tuber	Herb	12	Low
Araliaceae					
<i>Schefflera elliptica</i> (Blume) Harms.	Kayu Belang	Leaf	Shrub	20	Moderate
Arecaceae					
<i>Arenga pinnata</i> Merr	Jaka	Midrib, leaf, fruit	Tree	66	High
<i>Areca catechu</i>	Buah	Fruit, flower	Tree	66	High
<i>Cocos nucifera</i> L.	Nyuh Gadang	Midrib, leaf, fruit	Tree	84	High
<i>Cocos nucifera</i> L.	Nyuh Barak	Midrib, leaf, fruit	Tree	84	High
<i>Salacca zalacca</i> L.	Salak	Fruit	Tree	12	Low
Asclepiadaceae					
<i>Hoya australis</i> R.Br.ex.Trail.	Tebel-tebel	Leaf	Herb	6	Low
Asteraceae					
<i>Tagetes erecta</i> L.	Gumitir	Flower	Herb	4	Very low
<i>Tithonia aristrata</i> Oerst.	Sungenge	Flower	Herb	6	Low
Athyriaceae					
<i>Diplazium esculentum</i> (Retz.) Sw.	Paku Sayur	Leaf	Herb	24	Moderate
Bromeliaceae					
<i>Ananas comusus</i> Mer.	Manas	Fruit	Herb	12	Low
Cactaceae					
<i>Hylocereus polyrhizus</i> Britton&Rose	Buah Naga	Fruit	Herb	26	Moderate
Clusiaceae					
<i>Calophyllum inophyllum</i> L.	Camplung	Leaf	Tree	6	Low
<i>Mesua ferrea</i> L.	Nagasari	Leaf	Shrub	6	Low
<i>Garcinia mangostana</i> L.	Manggis	Fruit	Tree	12	Low
Combretaceae					
<i>Lummitzera littorea</i> Jack.	Padi-padi	Leaf	Tree	6	Low
Convolvulaceae					
<i>Ipomoea aquatica</i> Forssk.	Kangkung	Stem, leaf	Herb	2	Very low
Cucurbitaceae					
<i>Citrulus lanatus</i> (Thunb.)	Semangka	Fruit	Herb	24	Moderate
<i>Cucumis sativus</i> L.	Ketimun	Fruit	Herb	30	Moderate
Dioscoreaceae					
<i>Dioscorea bulbifera</i> L.	Ubiaung buluh	Tuber	Herb	6	Low

Euphorbiaceae						
<i>Aleurites moluccanus</i> L.	Tingkih	Seed	Tree	18	Low	
<i>Codiaeum variegatum</i>	Kayu Mas	Leaf	Shrub	24	Moderate	
<i>Phyllanthus boxifolius</i> Muell.Arg.	Kayu Sisi	Leaf	Shrub	24	Moderate	
Fabaceae						
<i>Caesalpinia pulcherima</i> (L) Sw.	Sumerak	Leaf, flower	Shrub	24	Moderate	
<i>Casia glauca</i> Lamk.	Kembang Kuning	Leaf	Shrub	78	High	
<i>Clitoria ternatea</i> L.	Teleng	Flower	Shrub	12	Low	
<i>Erythrina abyssinica</i> Lam.	Dapdap	Leaf, stem	Tree	36	Moderate	
<i>Psophocarpus tetragonolobus</i> L.	Kacang Botor	Seed	Herb	6	Low	
<i>Tamarindus indica</i> Linn.	Cagi	Seed	Tree	6	Low	
<i>Indigofera tinctoria</i> Mill.	Taum	Leaf	Shrub	6	Low	
<i>Vigna unguiculata</i> L.	Kacang Barak	Seed	Herb	30	Moderate	
<i>Vigna radiata</i> L.	Kacang Ijo	Seed	Shrub	6	Low	
Heliconiaceae						
<i>Heliconia stricta</i> Huber.	Pisang Ikik	Leaf, fruit	Herb	6	Low	
Hydrangeaceae						
<i>Hydrangea macrophylla</i> L.	Bunga Biru	Flower	Shrub	4	Very low	
Lamiaceae						
<i>Ocimum gratissimum</i> L.	Sulasih	Leaf	Shrub	6	Low	
Leeaceae						
<i>Leea aculeata</i> Burm.f.	Girang	Leaf, stem	Shrub	4	Very low	
<i>Leea indica</i> Burm.f	Kelawasan	Leaf	Shrub	24	Moderate	
Leguminosae						
<i>Bauhinia purpurea</i> L.	Badya	Leaf	Tree	6	Low	
<i>Indigofera tinctoria</i> Mill.	Kumaligi	Leaf	Herb	24	Moderate	
<i>Mucuna pruriens</i> Wilmot.	Juleh	Seed	Herb	6	Low	
<i>Lablab purpureus</i> L.	Komak selem	Seed	Herb	12	Low	
Lygodiaceae						
<i>Lygodium circinatum</i> (Burm.f) Sw.	Ata	Stem+leaf	Herb	36	Moderate	
Liliaceae						
<i>Cordyline fruticosa</i> L.	Andong	Leaf	Herb	30	Moderate	
Limnocharitaceae						
<i>Limnocharis flava</i> L.	Biyah	Leaf	Herb	6	Low	
Malvaceae						
<i>Durio zibethinus</i> L.	Duren	Fruit, leaf	Tree	12	Low	
<i>Hibiscus rosasinensis</i> L.	Pucuk Bang	Flower	Shrub	84	High	
Magnoliaceae						
<i>Michelia champaca</i> L.	Cempaka	Flower	Shrub	12t	Low	
Marantaceae						
<i>Maranta ramosissima</i> Wall.	Kecandik	Leaf	Herb	6	Low	
Meliaceae						
<i>Aglaiia odorata</i> Lour.	Kiulan	Flower	Shrub	4	Very low	
<i>Azadirachta indica</i> Juss	Apah	Leaf	Tree	30	Moderate	
<i>Lansium domesticum</i> L.	Langsat	Fruit	Tree	4	Very low	
Moraceae						
<i>Ficus benyamina</i> L.	Bingin	Leaf	Tree	24	Moderate	
<i>Ficus religiosa</i> L.	Ancak	Leaf	Tree	8	Low	
Musaceae						
<i>Musa paradisiaca</i> L.	Biyu Gedang Saba	Leaf, fruit	Herb	30	Moderate	
<i>Musa acuminata</i> L.	Biyu Ketip Tulang	Leaf, fruit	Herb	30	Moderate	
<i>Musa acuminata</i> L.	Biyu Kunti	Leaf, fruit	Herb	84	High	
<i>Musa acuminata</i> L.	Biyu Kayu	Leaf, fruit	Herb	48	Moderate	
<i>Musa acuminata</i> L.	Biyu Bunga	Leaf fruit	Herb	54	High	
<i>Musa acuminata</i> L.	Biyu Keladi	Leaf, fruit	Herb	99	High	
<i>Musa acuminata</i> L.	Biyu Dak Sangket	Leaf, fruit	Herb	84	High	
<i>Musa acuminata colla</i>	Biyu Alas	Fruit	Herb	32	Moderate	
Myrtaceae						
<i>Psidium guajava</i> L.	Nyambu Kristal	Fruit	Shrub	4	Very low	
<i>Syzygium polyanthum</i> Walp.	Don Juwet	Leaf	Tree	4	Very low	
Nyctaginaceae						
<i>Bougenvillea spectabilis</i> L.	Bunga Kertas	Flower	Shrub	4	Very low	
<i>Pisonia alba</i> Span.	Dagdag See	Leaf	Shrub	6	Low	
Oleaceae						
<i>Nyctanthes arbotristis</i> L.	Srigading	Flower	Shrub	102	Very high	

Oxalidaceae						
<i>Averrhoa carambola</i> L.	Belimbing Sayur	Leaf, fruit	Tree	6	Low	
Pandanaceae						
<i>Pandanus amiryllicolius</i> Roxb.	Pandan Arum	Leaf	Shrub	8	Low	
<i>Pandanus tectorius</i> Parkinson ex Du Roi	Pandan Duri	Leaf	Shrub	12	Low	
Pinaceae						
<i>Pinus merkusii</i> Jungh.& de Vriese	Cemara	Leaf	Tree	6	Low	
Piperaceae						
<i>Piper betle</i> L. var.nigra	Base Bali	Leaf	Herb	24	Moderate	
<i>Piper betle</i> L.	Base biasa	Leaf	Herb	114	Very high	
<i>Piper retrofractum</i> Vahl.	Tabia Bun	Fruit	Herb	24	Moderate	
Poaceae						
<i>Brachiaria mutica</i> (Forssk.) Stapf.	Padang Guwun	Stem+leaf	Herb	18	Low	
<i>Coix lacryma jobi</i> L.	Jali-Jali	Fruit	Herb	6	Low	
<i>Cymbopogon citratus</i> DC	See	Stem	Herb	4	Very low	
<i>Gigantochloa apus</i> (Schult.) Kurz	Tiyang Tali	Stem	Tree	8	Low	
<i>Hordeum scalinum</i> Schreb.	Ikuh bojog	Flower	Herb	12	Low	
<i>Imperata cylindrica</i> L.	Ambengan	Leaf	Herb	18	Low	
<i>Oryza sativa</i> L	Beras	Seed	Herb	108	Very high	
<i>Oryza nivara</i> L	Beras merah	Fruit, seed	Herb	39	Moderate	
<i>Oryza sativa</i> L. var. glutinosa	Ketan Putih	Fruit, seed	Herb	70	High	
<i>Oryza sativa</i> L. var. glutinosa	Ketan barak	Fruit, seed	Herb	75	High	
<i>Oryza sativa</i> L. var. glutinosa	Injin	Fruit, seed	Herb	75	High	
<i>Oryza sativa</i> L.	Padi Gaga	Fruit	Herb	12	Low	
<i>Oryza sativa</i> L.	Padi Bali	Fruit, seed	Herb	18	Low	
<i>Saccharum officinarum</i> L	Tebu Guwak	Stem	Herb	6	Low	
<i>Sorghum bicolor</i> L.	Jagung Beleleng	Seed	Herb	6	Low	
<i>Zea mays</i> L.	Jagung	Seed	Herb	6	Low	
Pteridaceae						
<i>Adiantum pedatum</i> L.	Paku condong	Leaf	Herb	6	Low	
Rubiaceae						
<i>Gardenia jasminoides</i> J.Ellis	Jempiring	Flower	Shrub	4	Very low	
<i>Ixora coccinea</i> L.	Jaum-Jaum	Flower	Shrub	6	Low	
<i>Psychotria micrantha</i> Kunth.	Wisnu	Leaf	Shrub	6	Low	
Rosaceae						
<i>Malus domestica</i> Borkh.	Apel	Fruit	Tree	20	Moderate	
<i>Pyrus communis</i> L.	Pir	Fruit	Tree	22	Moderate	
Rutaceae						
<i>Citrus amblycarpa</i> Hassk	Limo	Fruit, leaf	Shrub	4	Very low	
<i>Citrus grandis</i> L.	Jerungga	Fruit	Tree	12	Low	
<i>Citrus reticulata</i> Blanco	Sumaga	Fruit	Shrub	24	Moderate	
<i>Citrus sinensis</i> L.	Juuk	Fruit	Tree	24	Moderate	
<i>Murraya paniculate</i> L.	Kemoning	Leaf	Shrub	24	Moderate	
Santalaceae						
<i>Santalum album</i> L.	Cenana	Stem	Tree	6	Low	
Sapindaceae						
<i>Cardiospermum halicacabum</i> Linn.	Kesuman Jai	Leaf	Herb	6	Low	
<i>Nephelium lappaceum</i> L.	Buluan	Fruit	Tree	18	Low	
Sapotaceae						
<i>Manilkara zapota</i> L.	Sabo	Fruit	Tree	4	Very low	
Solanaceae						
<i>Solanum melongena</i> L.	Tuwung	Fruit	Shrub	6	Low	
Urticaceae						
<i>Laportea stimulans</i>	Lateng Kebo	Leaf	Herb	6	Low	
Vitaceae						
<i>Vitis vinifera</i> L.	Anggur	Fruit	Shrub	4	Very low	
Zingiberaceae						
<i>Alpinia galanga</i> L.	Langkuas	Rhizome	Herb	57	High	
<i>Curcuma longa</i> Linn.	Kunyit	Rhizome	Herb	18	Low	
<i>Zingiber officinale</i> Rosc.	Jahe	Rhizome	Herb	30	Moderate	

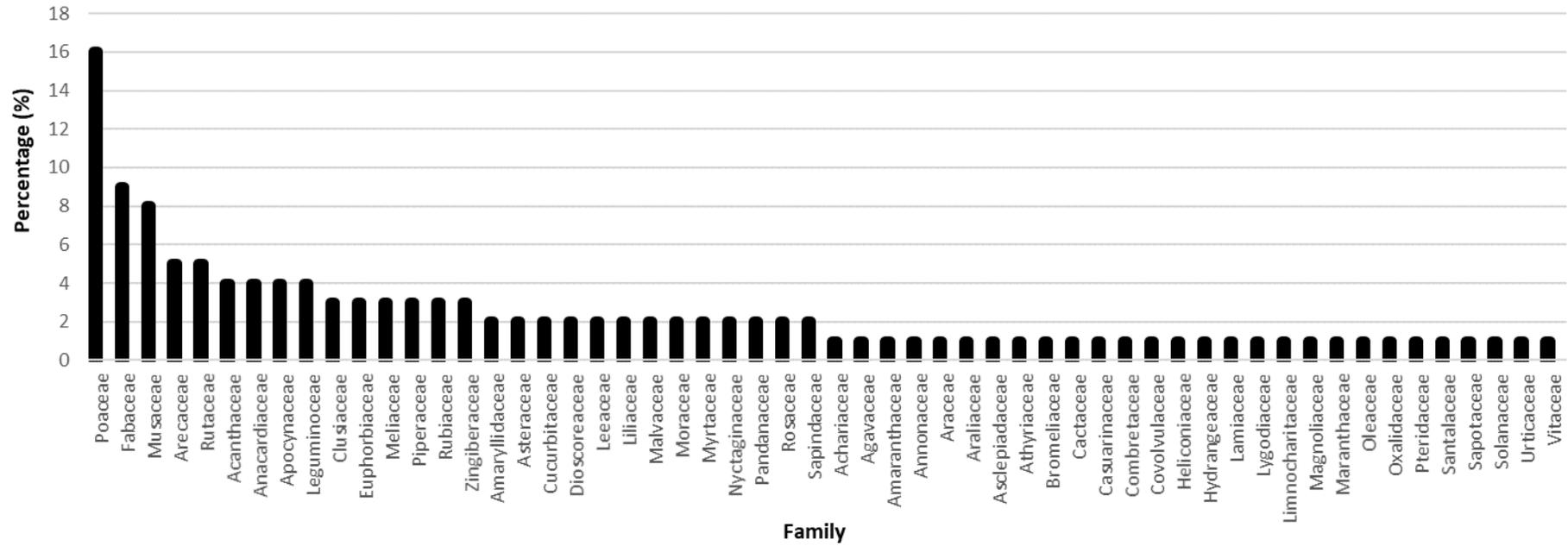


Figure 2. *Ngusaba* ceremony plant family used by Tenganan Pegringsingan community, Karangasem District, Bali, Indonesia

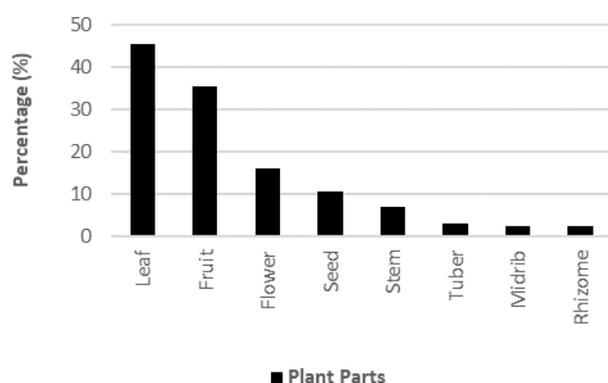


Figure 3. Parts of plant used for *Ngusaba* ceremony by Tenganan Pegriingsingan community, Karangasem District, Bali, Indonesia

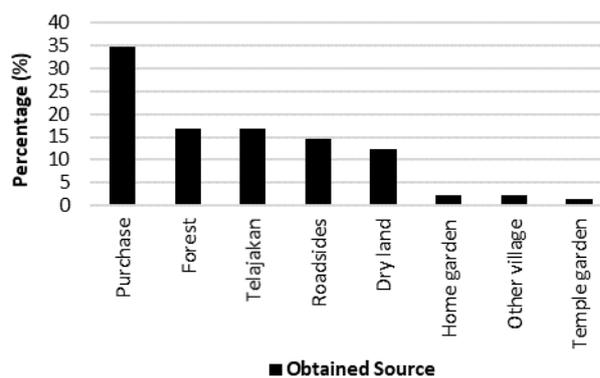


Figure 4. Sources of *Ngusaba* ceremonial plants by Tenganan Pegriingsingan community, Karangasem District, Bali, Indonesia

Source of *Ngusaba* ceremonial plants

Ngusaba sources include the home gardens, in front of the house (*telajakan*), drylands, forests, roadsides, temples, other villages, and from purchase (Figure 4).

Thus, the purchase is the highest source (34.61%), followed by forest (16.92%) and *telajakan* (16.92%), and most of them are wild. This is in line with Sujarwo (2020) stated that most of the *Panca Yadnya* ceremonial plants in *Bali Aga Village* come from Balinese wild ethnoflora (Constant et al. 2018), and they are mostly distributed in various habitats. Their availability varies from one place to another among species. The majority used were harvested from the wild (35.38%), followed by semi-wild (23.84%), and cultivated (7.69 %). The community's efforts by planting in the settlements' vicinity including *telajakan*, drylands, and home gardens. However, there are many types and quantities of ceremonial ingredients needed that exceed this plant's availability in nature. Some of them have not been found in the Tenganan Pegriingsingan Village, such as *Musa acuminata* L. (*biyu kunti*), *Musa acuminata* L. (*biyu kayu*), *Oryza nivara*, *Oryza sativa* var. *glutinosa* (red and black), *Citrus grandis* L., and *Hordeum scalinum* Schreb.

Index of Cultural Significance of useful plants (ICS)

The ICS calculation results showed various values with a range of 2-114. *Piper betle* L. has the highest (114), while the lowest value is noted for *Ipomoea aquatica* Forssk, and the ICS value categories (Figure 5).

The highest ICS value is noted for the plant species widely used by the Tenganan Pegriingsingan community, especially those with high exclusivity and intensity levels. In fact, the intensity value is high because it is used in all *Ngusaba* ceremonies as a staple ingredient and is irreplaceable. Plants with more benefits often have a higher ICS value, which means to be more valuable and more exclusive (Hager 2008). The people of Tenganan Pegriingsingan placed *Base* (*Piper betle* L.) plants at the highest level and as the most useful and valuable.

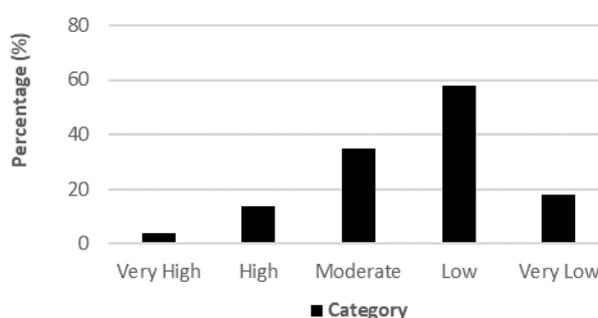


Figure 5. The percentage of the *Ngusaba* ceremony plants used by Tenganan Pegriingsingan community, Karangasem District, Bali, Indonesia

This result showed that the Tenganan Pegriingsingan community has the most interaction with the *Piper betle* L., meaning that this plant species will be used continuously in as much it is in line with the local community's cultural development. The variety of beneficial plants to a community group highly determines the conservation efforts made. The ICS results of Useful Plants as a quantitative ethnobotany analysis showed each useful plant species importance based on community needs (Munawaroh et al. 2011), hence determining the ones to be preserved (Supiandi 2019). The ICS plants' high index indicates a conservation stimulus, such as nature, benefits, and community willingness towards making efforts to develop it. The Tenganan Pegriingsingan community tends to provide species that are often conserved as they are typical and cannot be replaced by other plants. In the beginning, local village communities made use of their natural resources and environment primarily based on local knowledge and/or beliefs embedded in their culture (Iskandar 2016). Therefore, human culture can be understood as the knowledge that contains several sets of models used effectively to interpret, understand, and guide behavior in adapting to the environment (Ahimsa-Putra 2012). This situation requires thoughts and efforts on plant

reintroduction, which the community continuously utilizes by creating a *Ngusaba* ceremonial plants' garden.

In conclusion, we indicated that Tenganan Pegringsingan people utilize a large number of plant species (130) named and explained for *Ngusaba* ceremonies. The plant's largest family (16) is Poaceae, while the most widely used part is the leaf, and the highest proportion was obtained by purchasing. Even though most of them are harvested from the wild vegetation, areas such as roadsides, forests, and dry lands are exposed to many threats. The Index of Cultural Significance of the *Ngusaba* in Tenganan Pegringsingan Village ranges from 2 to 114, and *Piper betle* L. has the highest value (114). There is an imbalance between their existence and the use of plants by the community. Many of them become increasingly hard to be found and some have not been found in Tenganan Pegringsingan, such as *Musa acuminata* L. (*biyu kunti*), *Musa acuminata* L. (*biyu kayu*), *Oryza nivara*, *Oryza sativa* var. *glutinosa* (red and black), *Citrus grandis* L., *Limnocharis flava* L., *Pinus merkusii* L., and *Hordeum scalinum* Schreb. Therefore, urgent efforts on plant reintroduction are needed to be continuously utilized by the community by creating a *Ngusaba* ceremonial plants' garden.

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